

# Table Talk 2021



MONDAY - PRAISE GOD!

TUESDAY - FUN FACTS

WEDNESDAY - CHURCH HISTORY

THURSDAY - THE WORLD

FRIDAY - CRAFT LESSON



week 5

# Monday: Praise God!

Today we are looking at Psalm 15. This is a Psalm written by David. At the start of the Psalm David talks to God saying "Protect me, God, because I trust in you. You are my Lord. Every good thing I have comes from you." In a lot of the Psalms written by David he talks about the hard times he is going through. In this Psalm David praises God for never leaving him but instead helping him through these hard times.

Can you read verses 5-8? Can you find 3 things God does for David in these verses?

- 1) .....
- 2) .....
- 3) .....

David reminds us that God takes care of his people, guides his people, and he never leaves their sides. So, when we are going through hard times like David was, who can we turn to.

So, can you write down a reason why you should praise God?

I want to praise God because He...



# Tuesday Fun Facts!



Let's learn some fun facts about the Bible! Today's facts are all about the promises!

**Numbers  
23:19**

**How many promises are made in the Bible?**

More than 1000 or  
Less than 1000

**What did God promise Abraham and Sarah Genesis 17:15-16?**

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**How many years did Joseph wait for the cupbearer to keep his promise?**

(Genesis 40-41) 1 2 3  
4 5 6

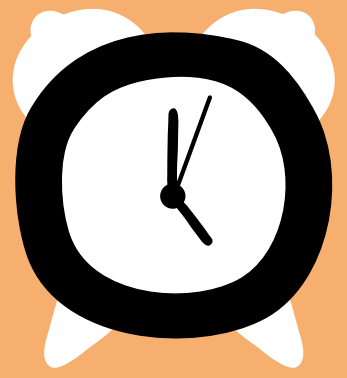
**How long did they wait for this promise to be fulfilled?**

10 years 15 years  
20 years 25 years



Answers: more than 1000. 2 years. a son. 25 years.

# Wednesday - Church History



Do you remember a few weeks ago when we learnt about loving our neighbour? Do you remember what this means? Today we are going to learn about a man who taught other people to love their neighbour and reminded them that we are all made in the image of God..



On the 12th of February 1865 – that's 156 years ago this Friday - Henry Highland Garnet became the first African American man to speak to the United States House of Representatives.

Henry was born in 1815 when slavery was still legal in the US and he was the third generation of his family to be enslaved. When Henry was little, his family (including all 8 of Henry's siblings) escaped slavery in Maryland and went to live in New York. As Henry grew up, he went to lots of different schools. Henry and his friends at school learned from a young age what racism was and wanted to end it, starting with the end of slavery..

Henry and his friends became 'abolitionists' people who campaigned for slavery to be abolished (made illegal). Henry knew that every person is made in the image of God and they are loved by Him. It wasn't right for people to take away the freedom of other people and treat them differently just because they looked different. Henry spent his whole life getting people to understand that. Along with his wife, Julia, Henry travelled across the US and to different countries reminding them that Jesus told his followers to love one another.

Eventually, Henry and his family settled in Washington DC where Henry got a job as a pastor. Here, Henry was able to talk to lots of important people, pointing them to Jesus and encouraging them to end slavery in the US. In 1865, the US Government finalised the 13th Amendment which banned slavery in the United States. Though there was lots more to be done, for Henry and his friends it was a very important occasion.

It was to celebrate this that Henry was invited to speak at the House of Representatives, becoming the first African American man to do so in the history of the United States.

# Thursday: The World

“FIRST, I TELL YOU TO PRAY FOR ALL PEOPLE. ASK  
GOD FOR THE THINGS PEOPLE NEED, AND BE  
THANKFUL TO HIM. - 1 TIMOTHY 2:1”

On Thursday's we think and pray for our brothers and sisters in different countries. Today we're learning about Christians in Myanmar. Most of the people in Myanmar are Buddhists. Some areas who try to make sure that everyone who lives there are Buddhists and so they make life really difficult for Christians. Recently, during COVID-19, people have purposefully not given help to Christians to try and get them to leave. Lots of people are hurting in Myanmar. There's been a civil war going on there since 1948! Things got much worse a couple of weeks ago when the military took over control of the government after an election. Many Christians are very scared by this because they think things will only get worse for them the longer fighting continues.

## Let's Pray

Dear Father God. Thank you for your faithful church in Myanmar and the way Christians there continue to love and serve you. Please bring comfort, strength, and guidance to them during this time. Everything is in your hands

God, speak into the situation in Myanmar and bring about peace. Help us, and your global church to pray for our brother and sisters in Myanmar.

Amen.



# Friday Craft Lesson

Over the next few weeks, we're going to be looking ahead to Easter. Do you know what Easter is? What do we celebrate at Easter and why?

Though we might not think of it straight away, the story of Easter actually starts *riiggghhhhtttt* at the beginning of the Bible – with Adam and Eve! They lived in a place called the Garden of Eden and everything was perfect! God had given Adam and Eve everything they could ever want, but he gave them one commandment. Can you find this rule in Genesis 2:15-17?

One day, a snake came and spoke to Eve and asked her questions about this tree. He said:

"DID GOD REALLY SAY THAT YOU MUST NOT EAT FRUIT FROM ANY TREE IN THE GARDEN?"

and then he told her that she wouldn't *really* die. The snake said to Eve that God only told them not to eat the fruit from that tree because if they did, they'd learn about good and evil and be like God! Do you know what Eve did next? Let's read Genesis 3:6.

Even though God had given Adam and Eve everything they could want, they disobeyed him. They believed the snake's lies, rather than trust God. When we disobey God and turn away from him, the Bible calls this sin. Because they disobeyed God, God had to punish Adam and Eve. Sin had no place in God's perfect garden, so Adam and Eve had to leave.

But even though Adam and Eve had done something really bad, God made them a promise. In Genesis 3:15 God promised that one day a man would come who would "crush" the snake – someone was going to come who would take away the punishment of sin from God's people!



Check out our YouTube page tomorrow for a new craft video all about this!